A STAND UP
START-UP
confronting sexual assault
with transformative justice

PHILLY STANDS UP

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Table of Contents

Starting a Group? Start Here: questions to ask, nuts and bolts ................................. 1

PSU Points of Unity ........................................................................................................... 2

Language .......................................................................................................................... 4

why we use the terms we do

Grounding Our Work ....................................................................................................... 5

by Elma Squires

PSU: Our Approach and Analysis .................................................................................. 7

by Esteban Kelly

Philly’s Pissed: Shifting the Balance of Power in Our Communities ......................... 9

by Timothy Coleman

Self Care Now! Sustaining Ourselves, Sustaining Each Other .................................... 12

by Jenna Peters-Golden

Intro to Transformative Justice principles and practices

from the Generation FIVE website (www.generationfive.org) ........................................ 16

Taking Risks: Implementing Grassroots Community Accountability Strategies 1 24

by Communities Against Rape and Abuse (CARA)

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STARTING A GROUP? START HERE!

The process of starting a group to confront sexual assault can feel a bit daunting. There’s a lot to cover, a lot to think about, and where to begin isn’t always clear. Here is a list of critical questions to ask yourself. Take some time to think about and deeply answer these questions -- keep track of your ideas and conclusions and use them to help you build the different facets of your group. If your answer to some of these questions is, “I have NO idea,” that’s ok; sometimes knowing that you don’t know can be just as constructive; maybe ask for help from other groups or trainers who have some skills and knowledge in the areas you feel stumped by. May you have happy plotting and strategic planning!

-questions to ask:
  - why does the group need to form?
  - what are the group’s objectives for confronting sexual assault (workshop, zine publication, conflict intervention...)?
  - what are the short, intermediate and long term goals for the group, in terms of group evolution?
  - what is the structure of your group?
    - open or closed group?
    - how often do you meet?
    - how do you communicate?
    - how do you make decisions?
    - do certain individuals have specific roles?
    - do you require monetary or physical resources to do your work? how you gonna get bank?
  - if you’re working with survivors, how are you connected to perpetrator accountability? if you’re working with perpetrators, how do you stay accountable to survivors and survivor support groups?
  - who is in your group? who does your group serve?
  - how do you do self education (learning the skills to be effective)?
    - what models for justice are you using in your work (restorative justice, transformative justice, specific conflict mediation)
  - how do you cultivate an anti-oppression analysis? how do you make this analysis foundational to your work?
  - how do you ensure accountability (internally, to your community, and to the movement to end sexual assault)
  - what’s your relationship to other groups working to confront sexual assault? If you are modeling your group directly from another, already existing group, how do you ensure that your group is unique and specific to your community, your skills, and your capacity?
  - what’s your plan for taking care of yourselves and each other?

-nuts and bolts
  - find a meeting place. it should be confidential, comfortable, and accessible
  - establish a meeting time that works for everyone.
  - start a listserv. gmail allows you to share documents and do collective writing and editing.
  - how are you going to keep notes and document the evolution of the group?
PHILLY STANDS UP
Points of Unity

• We are a group dedicated to dealing with sexual assault.

• Philly Stands Up formed in reaction to specific incidents of sexual assault in our community and will continue to exist as an avenue of support for the future as well as working on proactive means to deal with sexual assault.

• We strive to take an active role in our communities and to deal with the deeper rooted causes of sexual assault by challenging sexist attitudes and deconstructing patriarchy in our daily lives. In this, we also recognize the interrelatedness of systems of oppression and work to confront them on all fronts.

• We work to educate ourselves and others on issues in our society that contribute to sexual assault. As well as provide information to the public that will help confront these issues and provide access to resources that exist.

• We acknowledge that socialization in a patriarchal society greatly affects how we view and deal with sexual assault. In this, we recognize that gender does not define a person and we welcome anyone who agrees to these points of unity into this group.

• We are a group that survivors can come to for help and support. We will always support survivors and ensure survivor autonomy, where they will always be in control of how a situation is dealt with.

• We work with perpetrators to recognize, understand, and change behavior, not to simply punish them or run them out of town. Dealing with an assaulter includes the long term goal of ensuring that they are not a threat to others, recognize what they have done, and work to permanently change their behavior.

• We do not support the prison system as a viable means of rehabilitation for perpetrators, but we will always support a survivor’s wishes and engage the legal system on any level necessary.

• We are dedicated to this issue and this group. We all promise to ensure that our level of commitment is clear and consistent. This includes a time commitment and accountability to tasks that we agree to take on.

• There is no hierarchy within this group. We make decisions as a group with casual consensus, but will call on using formal consensus for making serious decisions.

• We value communication and honesty in our interactions. We practice active listening and do not attack one another, but rather work through conflicting views. We are not interested in “PC” responses, but communication of our true understanding/feelings.

• Members of the group may at any time step back from an issue or situation that is being acted on by the group if they feel that they need to or that they cannot be objective.

• We operate under strict confidentiality in both our work as an action group and as a support group. Information shared within the group, stays within the group, unless consensed upon by the entire group.

• We work in tandem with Philly’s Pissed and hold our group accountable to theirs. Certain situations may also call for Philly’s Pissed to be accountable to us.

• We strive to include and support anyone who has been targeted for sexual assault, sexual abuse, gender-based assault, or gender-based abuse. This includes all sexual and gender representations and identities.

• We believe anyone can be assaulted. Sexual assault and abuse are not solely contained within heterosexual and gender-normative relationships.

• We always assume the best intentions of one another. Recognizing that none of us can be completely articulate in communicating our thoughts, we give time and space for clarity on things that may be hard to hear. We will work through the inherent difficulties between communication and misunderstanding.
GROUNDED WORK
by Em Squires

Relationships are slippery and wet like water. I can feel a relationship touch the flesh of my heart or the skin of my back, and I know it is there because I can feel that presence asking for my attention. I cannot explain the work of Philly Stands Up without talking about relationships. They explain how I got involved and why I stay committed. Our model and process are rooted in a cross-collaborative web of friendships we share with another, the working relationship(s) PSU builds with perpetrators of sexual assault, and each of our individual commitment to PSU as an organizing collective.

Almost two years ago, I decided to move to Philly. I couldn’t afford New York City and needed to get the hell out of the Midwest. I didn’t have a job, but I had a place to live with my friend Nic. Steve and Nic raved about the magnitude of Philly’s awesome-ness and how much I would love it. So I did either the stupidest or bravest thing I’ve ever done—I packed a van, maxed out my credit card, and dropped a cannonball in the pool of my future. I’m happy, I hope, to set some new people who would inspire and challenge me. Sink or swim. Either way, I would feel the water.

It was Steve who sent me the email inviting me to my first PSU meeting. I had been in Philly for just over six months, working a demanding service job and was painfully clawing my way out of an abusive relationship. I was not in a great place. It was a long email, certainly the most formal email I’d ever received from him, but by the time I finished reading, my pulse was racing. Work with perpetrators of sexual assault? Engage with building a culture of consent within a sex-positive framework? I didn’t even really know what that meant. My own organizing background was grounded in anti-oppression youth organizing and the labor movement, with some work on gender, affirmative action, and independent media thrown into the mix. I was a teaching artist posing as a waitstaff—what did I know about working with perpetrators of assault? I went to the meeting not knowing what to expect. I felt feeing like I had just breathed pure, undiluted oxygen for two hours.

It was early June, almost a year ago. I didn’t know a person in the room except for Steve—so I just felt the energy prickly my skin, passionately delicate and oh-so-insistent. PSU members who were about to step back from the collective for various reasons—school, family, needing space, etc.—talked about the history of the group, the Points of Unity, etc.—and then we all went around and talked about why we were there, present in the room on this random Sunday evening. I had never even been part of an activist group that ever committed to process that we wrote down our organizing principles! And here I was—invited into a space that would never ask me to justify why I identify as queer, that would never question the “validity” or experience of being a queer woman in a ***ed up relationship with another woman, and would not only demand but value my voice, my agency, and my ability to articulate and respect my own limits. Although I was initially intimidated by my lack of relevant “experience,” the energy and integrity of everyone present very quickly had me doing some quick internal surveys. Fine, I had never worked in this “field,” either academically or politically. However, the work I had just heard described to me was based on listening skills, relationship building, the belief that behavior can change, complex, radical, and queer-oriented analyses of power across multiple communities and potential identities, resource development, grassroots education, and a commitment to building a more sex-positive and responsible culture. I was down with that.

Our work isn’t about fixing people. First of all, a perpetrator has to want to “work on their sh*t”—that’s our colloquial umbrella phrase to refer to a perpetrator who is willing to engage with us on the issue(s) at hand. The shit can include, but is certainly not limited to: a specific incident or ‘repeated’ behavioral pattern of emotional, physical, sexual, or sexual assault with an intimate partner or random stranger (any person on the interpersonal spectrum in between), substance and alcohol abuse, mental health, and any number of other influencing factors. We are not “professional” therapists or social workers or health care professionals. We are a collective of individuals with all sorts of organizing experience(s) and interests and committed to radical social change. We share and constantly engage with an evolving analyses (see our Points of Unity for some examples) which influences not only how we approach situations and perpetrators as unique experiences, but also with our own internal group dynamic and intro-creative processing.

We don’t often “find” situations (what we call each separate “case,” usually involving a perpetrator, a chain of events, and some request for action and/or resources) situations usually find us. Since we’ve been around for a couple years, we don’t have to do much self-promotion, and in reality, don’t have the member-capacity to do high-volume work. What happens most often is either a perpetrator will contact us, having heard about us through some workshop, friend, referral, etc and initiate contact and somehow communicate ze’s desire to “work on her sh*t,” OR we’ll begin to work with a perpetrator via a shared situation with Philly’s Pissed. (I’m using gender-neutral pronouns here for two reasons: 1) PSU seeks to

LANGUAGE
(from the PSU blog)

When talking about sexual assault we use specific language and terms intentionally. There is a need to have a common understanding of the terms that we use when communicating with each other. We use the terms “survivor” and “perpetrator” often. It is important in our work and in our communities that we are always questioning our philosophies, words, and meanings. Let’s take a look at the ways we have settled on these terms and where we need to push ourselves to go. Once our language gets stagnant, how our ideas also become fixed? This is the very beginning of an ongoing conversation that challenges our fundamental stance(s) on sexual assault by upsetting the language on which we rely.

We use the term survivor with the intention of using language that restores power to someone who has had power taken away from them. It is a response to the older common term of “victim” which only served to amplify the negative connotations heaped onto someone affected by sexual assault. Survivor is a positive term showing that the event has been overcome, but is still part of the person’s experience. But is this a concept complete for the survivor? Are all “survivors” comfortable with the term or feel that it applies to them? When does one get to leave the title of survivor behind? It is convenient to like the replacement of far more negative terms like victim suit our needs, but we should not rest in contentment and instead challenge the deeper meaning of applying a single term to such a wide range of complexity and experience. When we find ourselves referring to someone as a “survivor” over and over again, perhaps it is time to step back and look at the individuals experiences as a whole—outside of just the word.

Likewise, we have settled into using “perpetrator” to commonly refer to the person opposite the survivor in a situation around sexual assault. We use this term because we feel that it represents a recognition that someone did something, not is something. It gives the opportunity for change while recognizing that their actions have hurt someone. This language is imperfect in serious ways as well. As with “survivor,” it may not be obvious that our definitions imply such things. We can ask the same questions that we ask when inserting the individual position into the term of survivor: Do all perpetrators feel like the term applies to them? When does one get to leave the title of perpetrator behind? Furthermore, when we look at the larger implications of how we are approaching this work, we can see how “perpetrator” is reflecting the language of the oppressive systems we live under. While we have rejected the callous use of the term victim as used by the police – we still fail to use the term perpetrator. We are trying to create a community based system that is outside of these institutions, so why should we replicate the same language?

These are terms of convenience and for now are the terms that we use. This is only to hope that we are challenging these ideas as we use them and are working on ways to evolve our language as our work around the issues at the heart of the matter evolves. Perhaps we should be challenging ourselves and each other to find easily understood and less problematic language to use around sexual assault.

Are there other terms you use or have heard for those who have been affected by sexual assault? Why were those used? Which ones feel good and which ones feel bad? Why? This is just the beginning. Let’s nurture and honor the path which has gotten us to this place and create the space to untangle the roots and go further.
PHILLY STANDS UP: OUR APPROACH OUR ANALYSIS
by Esteban Kelly

Our point of departure is drastically different from mainstream analysis of sexual assault as it pertains to both survivors and perpetrators. In Philly Stands Up we always begin with an assessment of how we can support and mobilize them to support survivors of sexual assault. Though the vast majority of our organizing is direct work with perpetrators, our view is that the two are interconnected. We view that our approach to especially how we approach perpetrators is rooted in the depth that we care and how we support survivors and, by extension, the community of radical organizers of which we are a part. Our project is an enabling project. Healthy individuals and safe spaces provide the basic foundation and capacity for people to kick ass in reconfiguring our society into one characterized by socio-economic justice and compassionate interpersonal dynamics.

When a sexual assault is committed, the entire community is affected. As organizers, addressing the harm to survivors and the community is an important way of sustaining organizing more broadly. Thus, three fundamental approaches to our work:

- A steadfast commitment to supporting survivors through centralizing their needs to assert control and power in their lives and surroundings. Also, because Philly Stands Up is firmly against violent retribution in principle, we focus our energy into creating positive mechanisms that validate and support survivors.

- The belief in the particularity of each sexual assault situation, and with it, a unique approach to providing the perpetrator with better understanding physical, sexual, and emotional boundaries and communication.

- The intrinsic importance of humanizing perpetrators, to be grounded in compassion as a source of strength in persevering through very difficult work and transcending the ubiquitous alienation that haunts everyone affected by sexual assault situations.

In Philly Stands Up, we test our work to reaching out to perpetrators of sexual assault while maintaining the centrality of the survivors, from whom we take our cues in determining the actions and progress that need to transpire for the overall healing in assault aftermath. The key mental shift that sets us on a new path in sexual assault community organizing is in refusing to distance ourselves from perpetrators of sexual assault. Thus, to even promise that all perpetrators could be characterized by a particular moment of awful behavior.

It was only after we had spent time working with perpetrators (and of course survivors) that our current analysis really took form. On the one hand, in the aftermath of a sexual assault survivors can feel a loss of power and control over their lives, their environment, their lives and their community. Our work, therefore, is grounded in helping to empower survivors (directly or indirectly) by aiding them in feeling safe in offering and taking direction from others to control over their selves, their space and the world around them. On the other hand, the perpetrator has lost the trust of the survivor and the community. This trust is not just lost in terms of sex, but also in terms of social relationships, politics, and solidarity.

Those directly and indirectly affected by sexual assault are reluctant to trust the perpetrator as an organizer, worker, neighbor, performer, leader, roommate, or peer. Our work in Philly Stands Up is to help rebuild trust. To interrupt what may be patterns in the behavior of perpetrators of sexual assault. This commitment to work with rather than punish or criminalize the perpetrator is imperative to them once again becoming fully functional, trustworthy, and participating members of the community. In some cases survivors may still not want them to be in the meetings. We are working to support and take direction from their community. In Philly Stands Up we do what we can to support the wishes of the survivor and see the work of restoring trust and responsibility to perpetrators as essential to any community in which they will end up living. For that reason, one of the main functions we provide in our community is as a buffer, where we can distinguish ourselves as a more appropriate space for perpetrators to vent their concerns, frustrations, and perspective while coming to terms with and understanding the implications of their actions. In this way we hold perpetrators accountable for their analysis, behavior, and prevent future assaults by facilitating personal growth on both fronts.

One of our main contents with most standard treatment of perpetrators of sexual assault is that they are typically dismissed as criminals. We call for a closer look at the people, their behavior and the social dynamics that surround sexual assault to be considered much more thoroughly in order to effectively rectify the damages that result from sexual assault situations. One brings this effort at seeing others at the center of their pain at all. In our experience, when pre-established structures like this are in place, people called out for sexual assault have been less likely to cling to defensiveness and denial since they can trust that there will be space for things to be worked out, and they are also less likely to fear immediate physical harm.

In taking a closer look at typical responses to sexual assault beyond radical communities, we noticed that
perpetrators are rarely factored into the daily lives of the community at large. Instead, perpetrators are punitively shuffled off to various criminalizing apparatuses (strongly linked to the prison industrial complex), and left out of what we see as highly gendered social services, which focus almost exclusively on (non-trans) female survivors. It must be clear that our group does not outright refuse the resources (legal, social, and otherwise) that are available for these women. We certainly recognize the importance of such services and see other local organizations as allies by and large in our work. However, in doing so, we remain acutely aware of the limitations of their impact, most notably in losing sight of the ultimate goal of breaking the cycle of sexual assault, and in neglecting to serve the diversity of classes, genders, ethnicities, linguistic communities (e.g. English & Spanish speakers) and so on, that do not neatly coincide with the target population of certain women-only resources.

Those of us in Philly Stands Up refuse to pretend that sexual assault only constitutes a certain action among certain persons (i.e. rape of women by men). Anyone can be assaulted. Anyone is capable of transformed speech, and becomes empowered by it. Our analysis encompasses, and extends beyond rape- in its most strict sense- to include any situation that a survivor identifies as a breach of a particular boundary, or a lack of consent in a sexual situation. We distance ourselves from the criminal justice outlook that demands "objective facts" be presented to a judge and jury, a trend we have seen in our community, and many others. Philly Stands Up goes beyond that, seeking to reconcile all of the pieces of a situation. We acknowledge that clarity and guilt aside, people involved in the messy business that we find ourselves in are hurt, and feel that something painful and difficult has transpired, whether or not it would be "legally" recognized as assault. And regardless of the specifics, there are relationships that need to be healed or perhaps kept apart with community support.

It is worth noting that as organizers in Philly Stands Up the other half of our work is a proactive campaign to stimulate and embedden "a culture of sexual responsibility." This is a broader preventative educational project that includes a multi-sided animation of intentions, actions, and expectations that raise consciousness around all moments of (potential) sexual behavior. This is ambitious, but vitally important work. In this other mode of our work, we create workshops, trainings, and consultations where we try to stimulate deep commitments to cleaner communication that fosters consent and mutuality. When we are invited to speak at conferences and speak to survivors (which is by no means a "definition") encompasses and extends beyond rape- in its most strict sense- to include any situation that a survivor identifies as a breach of a particular boundary, or a lack of consent in a sexual situation. We distance ourselves from the criminal justice outlook that demands "objective facts" be presented to a judge and jury, a trend we have seen in our community, and many others. Philly Stands Up goes beyond that, seeking to reconcile all of the pieces of a situation. We acknowledge that clarity and guilt aside, people involved in the messy business that we find ourselves in are hurt, and feel that something painful and difficult has transpired, whether or not it would be "legally" recognized as assault. And regardless of the specifics, there are relationships that need to be healed or perhaps kept apart with community support.

I could start with a story: in college, I was marginally involved with a campaign organizing to get the institution to pay its workers a living wage. I stayed on the outskirts though. The core members of the campaign were a handful of my closest friends — and the boy who’d sexually assaulted me two weeks after I arrived on campus. I avoided his gaze for many years, at parties in the cafeterias, in the backseats of cars. When he joined the white anti-racist group I helped start, I’d stare at my hands through meetings about building trust and acting against oppression. Afterwards, I’d go home with the sweet girl I was dating and freeze up and wipe while talking in her bed.

It’s a true story. I could tell it in a rewriting, emotive detail, but I’m just throwing it up here to say these things happen all the time. I know countless more stories like this. Maybe you do, too. Survivors of sexual assault are frequently pushed out of radical projects, out of political organizing, out of communities, because someone I knew on campus. I avoided his gaze for many years, at parties in the cafeterias, in the backseats of cars. When he joined the white anti-racist group I helped start, I’d stare at my hands through meetings about building trust and acting against oppression. Afterwards, I’d go home with the sweet girl I was dating and freeze up and wipe while talking in her bed.

When I moved to Philadelphia, I had a long history of involvement in radical and queer communities. And I’d also done a lot of work around sexual assault: facilitating workshops on consent and acquaintance sexual assault prevention for incoming first-years at my college, helping to run a survivors’ support group, serving as a peer counselor on the college-sponsored sexual assault response team. But these two areas had never overlapped. Sexual violence wasn’t a "topic" to organize around within the radical communities I was connected to, and there were no channels for dealing with the "I Can't Focus on the Work Cause the Boy Who Assaulted Me Keeps Coming to the Meetings" concern. And the political alliances I had with people who also do work around sexual violence were tenuous at best. Largely, the work we did was about sexual assault prevention, individual psychological healing when it could be found, maybe pressing charges in a court of law or the college’s disciplinary system. I found that most of the people I was working with were oblivious to the impact of sexual assault on queer, trans and male survivors. And I had serious misgivings about presenting the criminal justice system as the primary option to survivors who wanted to take action. I supported survivors who chose to engage with the law, but I knew the criminal justice system wasn’t the solution; I was already working against its own kind of violence, the violence inflicted and legitimated by the state. And when I went to court to support a survivor who chose to press charges against her assailant, I saw firsthand the abusive and traumatizing way the criminal justice system treats survivors of sexual assault. The work I was doing didn’t have a word in the transformation; I didn’t find within it the courage and momentum to challenge the world around me to become a place where survivors of abuse and assault could live fully and wholly and be beloved and respected.

Then I arrived in Philadelphia, and found Philly’s Pissed and Philly Stands Up.

Philly’s Pissed works against sexual assault in our communities. While the group emerged in response to a series of assaults at a punk rock show in Philadelphia, “our communities” have shifted and expanded to include overlapping queer and radical communities located in West Philadelphia as well as a web of contacts within related communities across the United States and Canada. We provide direct support to survivors, and we do education and advocacy promoting survivor autonomy and perpetrator accountability.

We work in tandem with Philly Stands Up to create a community response to sexual violence and provide an alternative to the criminal justice system, which we believe frequently retraumatizes survivors.

A survivor will approach a member of Philly’s Pissed and ask for support in dealing with a situation. Our job is to help them figure out what support they need in that moment and help them figure out how to get it, then remain in the picture after their immediate needs are met and they begin the process of figuring out what justice and healing will mean to them. Our work is always done confidentially unless the survivor requests otherwise. Survivor support can look like a lot of different things: talking someone through a crisis, an emotional response to assault, helping them to the doctor or an abortion clinic, aiding them in dealing with dissociation or panic attacks, or organizing friends to cook meals or provide childcare for them. We provide direct emotional support, but we also encourage survivors to tap into the support networks they already have. This can range from helping someone strategize about how to ask their friends or family for support, to actually providing a training on crisis support, survivor-sensitivity and the aftermath of trauma for a political organization or a
Accountability Working Document [link], a list of potential strategies with which to experiment.

"Revolution through trial and error" is a good way to describe our approach. Philly’s Pissed is deeply invested in doing community accountability work around sexual assault, creating alternatives to the criminal justice system, transforming our communities and ending sexual violence. But we’re not experts, and we don’t have all the answers. We have very few models to work from; we’re pulling bits and pieces from different places, translating them to our context, patching it together and making it up as we go along. In the sexual assault work I’ve done before I found Philly’s Pissed, it seemed that the options available for survivors were 1) Press criminal charges, 2) Get counseling to fix the “damage” done to you by the assault, or 3) Do nothing. This set of possibilities is deeply, deeply flawed; it is paltry and inadequate. The only model for justice is offered through the disempowering, retraumatizing criminal justice system, which is frequently the site of violence itself; the only model for healing is for people to work through their trauma individually, with the help of a professional. We believe that justice and healing are intertwined, and that transforming our communities is a key aspect of both; we are working together to envision new possibilities and try them out.

We believe that support and accountability work is best done by people who are within the same communities as the survivor and can understand specific dynamics at play. Philly’s Pissed is frequently in contact with survivors and supporters from across the U.S. and Canada, who contact us seeking support and advice. But distance makes it difficult to do this work effectively. Emails and the occasional phone call are a poor substitute for supporting someone in person, and it’s difficult to do community accountability work or understand the context that someone is dealing with when they’re 3,000 miles away. We encourage people to organize against sexual assault in their own communities, and create structures for supporting survivors and holding perpetrators accountable. In the past, we’ve done trainings for groups of people aiming to start projects similar to PPSU, explaining the way we function and problems we’ve run into along the way. Now this work looks different depending on where it’s being done and who’s doing it. Nonetheless, it’s useful to share things we’ve learned along the way, and we hope that other projects can take what we share and avoid making some of the same mistakes we did.

We know that anyone can be a survivor (or a perpetrator) of sexual assault. It’s important not to portray sexual assault as though it only happens along clear identity lines; in particular, it’s important to recognize that it is not just women who are assaulted and it is not just men who are perpetrators of assault. However, sexual assault is often used as a tool of power and violence within a web of systems and structures that deny people’s bodily autonomy and both individual and community self-determination. All of our lives are touched by these oppressive structures, but we’re not all disempowered in the same way; we don’t all face the same type of violence. Philly’s Pissed is constantly working to understand the context that swirls around our work, and to learn from similar work being done by other groups and in other contexts.

Survivors of abuse and assault need to be able to articulate what they need, and demand it, with the knowledge that they will be believed and supported. Even within radical communities, there’s a pervasive tendency to blame and silence survivors. When sexual assault causes divisive upheaval within radical organizing, when violence causes fragmentation in our communities, the survivors of that violence are frequently blamed for speaking up about it, told the fallout is their fault, that they are “hurting the struggle.” Philly’s Pissed seeks to shift the culture of our radical communities to one that believes survivors and supports us in stating our truths and taking up space.

I recently saw Andrea Smith speak, and she described how INCITE! Women of Color Against Violence began to formulate an anti-colonial response to ending gendered violence. INCITE! saw that there were strategies that were effective and replicable available to women of color who were survivors of violence. Most anti-domestic violence programs in the United States started out as grassroots projects but are now federally-funded non-profits; many of them even reside in police stations. Their primary solution to gendered violence increasingly seems to be to use the police and legal system to "protect" women. But initiatives such as mandatory arrest laws for domestic violence permanently leave women in potentially abusive situations, and forces women and have not proven successful at ending gendered violence. And for women of color, whose communities are already the target of state violence (such as colonialism, police brutality, criminalization of youth, and prison abuse), calling the cops and inviting the arm of the state into their lives is often not a viable option. INCITE! saw the need for a solution that engaged the multiple layers of violence such as structural violence simultaneously. They began to organize activist institutes that asked: If there’s violence in our communities, is there anything we can do besides calling the police? The idea was that adequate options did exist — even restorative justice models often break down within the context of sexual assault and domestic violence situations — so communities would have to gather ideas together and try them out. Smith calls this approach “revolution through trial and error.” INCITE! has produced a number of stunning resources for anyone doing community accountability work, including the INCITE! Community
Self Care NOW!: Sustaining Ourselves, Sustaining Each Other

Who hasn't experienced organizing burn-out? In political organizing, art projects, event planning, cooperative house projects... it's always a struggle to put our time and energy into these amazing projects and to keep our heads above water; to do this work WHILE we are taking good care of our bodies, our moods and our hearts. Finding a balance of time, commitments, hard work, lots of sleep and fun are key ingredients for building a group that will last. This is true of any political/art project, but it cannot be emphasized enough in work around sexual assault and abuse. These matters pull at our heart strings, can be triggering, and often make us feel as though every meeting or e-mail is a crisis. Philly Stands Up Collective prioritizes individual self care and group self care. With out these, we'd never be around today with more energy than when we started.

STRUCTURALLY

*Be Strategic. You can gain clarity about who you are and what you do by starting with a strategic and long-term vision. As an organization ask yourself key questions: What is the need we are trying to fulfill? Who do we serve? What do we want to be doing in 6 months? In 2 years? Check out the Philly Stands Up's "Starting a Group? Start Here!" document for a fuller list of questions to ask your group at the beginning.

*Be Clear. As an organization, be concise about what your role and your project is; If you only work on situations locally, it's ok to say "no" to someone from out of town. If your group only gives workshops, don't agree to facilitate a mediation session. The more firm and articulate you are about your mission, skills and capacity, the less energy you will have to put in to rethinking who you are and inventing new resources to offer. You will be less effective if you are constantly trying to change and bend who your group is and what you do, and you will be stressed! It's ok to offer exactly what you can.

*Non Crisis Framework. While responding to instances of sexual assault and violence are community crises, having a more whole framework for your organization will ensure that you have other fundamental projects, goals and successes to anchor you. This could be education, publications, fundraising, or events. If crisis intervention is your sole purpose, your collective/organization will be controlled by specific urgent trauma, while ideally, your organization is grounded and prepared to solidly guide community through crisis instead of getting stuck in it.

ORGANIZATIONALLY

*Have specific meeting times with time limits! It can feel stressful to go to a meeting that may end up lasting for 4 hours. Come up with regular meeting schedules and meeting lengths that you stick to, this way you know exactly what to expect and can better commit to following through.

*Rotate responsibilities. Trade off on who facilitates meetings, who keeps and sends out notes and who hosts or provides snacks. This will give everyone the chance to try and feel comfortable in each role, and will prevent folks from getting bored or weighed down by extra obligations they aren't interested in. This is also a great way to mix up traditionally oppressive gender roles.

*Record Keeping! The more closely you document your work (meeting notes, workshop outlines, email trails, journal type accounts of decision making and why decisions had to be made, etc) the less reinventing the wheel you will have to do! It pays to know why a group made large structural decisions, or how the group got out of small logistical binds. It feels really good and empowering to know that you have a lot of the answers to key questions that may come up as your group grows and progresses.

*Prepared for Turnover. It's almost a guarantee that at some point, the membership of your group will change (especially if you are around for a long time!). Have a system for what happens when old members leave and new members join. Record keeping will help that a lot. When an individual leaves you don't want their knowledge, skills or experiences to leave as well. Have structure in place to move forward with membership changes smoothly so that the work can continue. We like a dinner party with old and new members, where old members can share lots of anecdotes, pitfalls and lessons learned. This is also a great way to honor old members and welcome new members so everyone feels as valuable as they are!

*Internal anti-oppression work. Anti-oppression work is at the crux of all our organizing. Think about how this fits in to your own group. Race. Class. Gender. Ethnicity. Sexuality. Size. Age. Disability. Closely working with a small group of people will bring this up (I mean, hey, everything brings (anti)oppression up, right?). Have conversations about your overlapping and diverging identities and experiences. Educate yourselves internally so that you can name oppressive dynamics when they come up, deal with them, learn, transform and then move through to continue doing this work.
*Semi closed group. This may not be the answer for every organization in every community, but we find that having a closed group (only active members come to meetings) means that we can build trust much more easily, and it allows our meeting space to feel safe and intimate. It also means you don’t have to be constantly negotiating shifting group dynamics. Feeling comfortable and relaxed in meeting space goes a long way to cutting down on stress and remaining present at meetings.

*Check-Ins/Check-Outs. Start every meeting with a check-in. This lets everyone be real about their energy level. Work was awful? You’ve got a little bit of a headache? You’re waiting for your date to text you back and you can’t stop checking your phone? Naming your mood and your capacity in that moment is really helpful for the whole group. Checking-out offers the same thing. How are you feeling? More energized than when you started? Dread a specific task you said you’d take on? Way more relaxed now that your date finally texted you back? It is also really good practice to take a minute and really think about how you are feeling. Staying in touch with your mood and body is important in a sexual assault/violence work.

INDIVIDUALLY

*Making time for Personal Needs. The more whole people we are, the better activists and organizers we will be. Support each other in doing the other wonderful things in your lives. You have a mahjong game on Tuesday night? Got it, we’ll send you the notes from that meeting. Kick some ass! It’s your housemates’ top-surgery benefit party? Holler! We’ll come up with a different deadline that works.

*Accommodate different levels of involvement. Make space for members to have capacity for different things. Maybe someone can commit to being at most meetings, but can’t do any work outside of meetings. Maybe someone can be present in email conversations, but can’t make it to meetings. Things are super busy at work? It’s finals at school? Your hot Punk-Bluegrass-Electro-Metal Fusion band is going on tour for 2 months? Cool, we’ll be here when you get back. Just bring us some t-shirts. The more flexible the group can be for differing levels of involvement, the more steady your organization will be, the less resentful you’ll feel of each other, and the better you’ll be caring for yourselves. It feels awesome to be in a group where commitments don’t come from a place of guilt or obligation.

*Basic self care. You Gotta take care. Eat right. Get enough sleep. If you are feeling terrible and stressed, SKIP the meeting and take a bath. If a specific situation of sexual assault is triggering or getting in the way of your own healing process, let your collective members know and help you figure out exactly what you need. There is nothing more important than your own health and stability.

*Fun-Times. Know each other, Like each other. Love each other. This is hard hard work. Don’t forget to have a blast with one another. Go get a drink after a meeting sometimes. Get ready for some epic fun on road trip on the way to a workshop/conference. We love a retreat! A weekend away where we can do some big structural building work on our collective and also CHILL. Laugh, play cards, weird parlor games, cook with each other, gossip with each other, serenade each other. You aren’t going to get far if you forget to have some honest fun.
From Generation FIVE

About generationFIVE

generationFIVE works to change the root causes of child sexual abuse, so that we can truly prevent it. We work to respond to present and past experiences of CSA [child sexual abuse] in ways that help to change the community and social norms that perpetuate it. We organize to change our community and social values and norms, so that child sexual abuse no longer happens. gen5 holds a vision of liberation, justice and sustainability for all of our futures.

Our Approach

generationFIVE’s analysis of intersecting systemic oppression and trauma and resilience leads to gen5’s approach of Transformative Justice (TJ). Through extensive community work and development with numerous national organizations since 2002, gen5 has developed this Transformative Justice approach. To read gen5’s Transformative Justice document and learn more about its background as well as application, contact our Program Director.

Transformative Justice links how we respond to incidences and experiences of child sexual abuse to social justice. This means that we work to respond to experiences of child sexual abuse (both current and past) while also changing the community beliefs and practices, and social institutions and norms that keep child sexual abuse going. Also, we do not use nor support responses to child sexual abuse that perpetuate systemic oppression and/or trauma.

TJ Definition

Transformative Justice is an approach which secures individual justice in cases of CSA while transforming structures of community and social injustice that are perpetuated by and perpetuate CSA.

Transformative Justice addresses incidences of child sexual abuse and social conditions. This is necessary for prevention and revealing the intersection of child sexual abuse with other social justice issues. Transformative Justice orient toward more choices for individuals and communities.

The Transformative Justice approach to child sexual abuse challenges people to integrate their emotional and political commitments to change. It holds the two together in a set of principles and practices that are focused on achieving individual and social transformation.

TJ Goals

We locate a Transformative Justice approach and response inside of community networks and relationships, with support and alliance from broader TJ collaborative. Transformative Justice seeks to provide survivors of CSA with immediate safety and long-term healing and reparations while holding offenders of child sexual abuse accountable within and by their communities. This accountability includes stopping immediate abuse, making a commitment to not engage in future abuse, and offering reparations for past abuse. Such offender accountability requires community responsibility and access to on-going support and transformative healing for offenders. Beyond survivors and offenders, Transformative Justice also seeks to transform inequity and power abuses within communities. Through building the capacity of communities to increase justice internally, Transformative Justice seeks to support collective action towards addressing larger issues of injustice and oppression.

The goals of Transformative Justice as a response to child sexual abuse are:

- Survivor safety, healing and agency
- Offender accountability and transformation
- Community response and accountability
- Transformation of the community and social conditions that create and perpetuate child sexual abuse, i.e. systems of oppression, exploitation, domination, and State violence.

TJ also seeks to:

- Build collective power for liberation efforts through addressing the inequity and injustice happening inside of communities
- Build capacity of individuals and collectives to address larger conditions of inequality and injustice

Transformative Justice Practices

The principles we have described are intended to guide the implementation of a Transformative Justice response to child sexual abuse. The practices discussed here take a closer look at what this response involves. This set of practices do not comprise a model that has been applied and evaluated but, rather, the best describes what generation FIVE knows so far from its work with communities. As such, this account of the practices of Transformative Justice is a work in progress to which generation FIVE welcomes feedback.

The sequence in which the practices of Transformative Justice are presented is not intended to imply a linear set of steps. The sequence in which these practices are applied will depend on specific circumstances, but it is important that a Transformative Justice process touch upon them all. Generation FIVE believes that most situations will require cycling through these practices several times at various moments and to different depths. In implementing any of these practices, people will face a number of emotional challenges. So that we can better prepare to effectively respond to these challenges, they are discussed in more detail in Appendix 2 of our Transformative Justice paper.

Practices of Transformative Justice include:

- Strengthening community capacity
- Naming child sexual abuse
- Assessing level of concern
Principles of Transformative Justice:

Liberation

Liberation is central to the political project of Transformative Justice. We envision relationship, communities, and society liberated from the intergenerational legacies of violence and colonization. Efforts to secure individual and personal justice in cases of child sexual abuse must also work for this vision of social justice and political liberation.

The application of Transformative Justice centers the principle of liberation by addressing current manifestations of multiple, intersecting forms of intimate, community and State violence. Rather than assign narrow blame on individualized “criminals,” the Transformative Justice model seeks to expand the very notion of who is responsible by mobilizing bystanders, challenging collusion with power, and situating individual interventions in the larger context of social justice movement. We seek methods of attaining justice that challenge State and systemic violence rather than attempting to reform or re-direct it. Our task is to create conditions of cooperation, respect, self-determination, and equitable access to resources while building community-based institutions operating within values and practices that make possible a world without child sexual abuse.

Thus, when we name liberation as a guiding principle of this work, we mean that a critical feature of a Transformative Justice approach to child sexual abuse is that it seeks to build the capacity of organizations, communities, and intimate networks to respond to the needs of individuals and relationships within a broader liberation politics. We envision our organizations and movements as supporting the healing, accountability and transformation of individuals and relationships while engaging people in collective action to challenge the conditions of oppression and violence experienced by communities. As we increase our capacity to transform the histories of violence and oppression as they play out in our relationships and cultures, we believe our effectiveness, visions, and hope will grow.

Shifting Power

Transformative Justice challenges definitions of power based on domination, exploitation, violence, privilege, and entitlement. Instead, we seek to build power and forms of shared power based on equity, cooperation, and self-determination. Transformative Justice responses seek to shift power away from those individuals, community institutions and systems that aim to maintain oppression toward individuals, collectives, and community and alternative institutions that promote Transformative Justice and liberation. Specifically, in a Transformative Justice intervention, we will need to shift power from those who sexually abuse children and the power that supports their behavior to survivors, allies, and the Collective aligned with a Transformative Justice approach.

Historically, survivors’ experiences have been silenced to maintain the arrangements of power that characterize abuse and/or avoid conflict within families or communities. A key component of shifting power is to support the selfdetermination of survivors. In practice, this means supporting a survivors’ decision to challenge, prevent, or respond to a violation intended to take their power. At the same time, because Transformative Justice is a community intervention model, it is important to stress that the survivor alone does not have the sole responsibility of determining what justice will look like. A survivor’s safety must never be compromised for the comfort of a family or community, or in order to avoid potential conflict that addressing violence might surface. For interventions in child sexual abuse, this is especially important because in the case of current incidents, the immediate survivor is a child. Given the power relationship between children and adults, children cannot be responsible for surfacing and then making decisions about how to intervene and prevent child sexual abuse and other forms of violence.

We honor the voices, experiences, and rights of children and challenge the adultism that denies children their appropriate self-determination while supporting their development toward finding their power. Yet, we see the responsibility for intervening in and preventing child sexual abuse and other forms of violence to be our collective responsibility. More broadly, no matter what the age of the survivor, we do not believe intervention and prevention should be solely the responsibility of survivors. However, there may be times when the desires of any given survivor contradict our political commitments. Such times require supporting the power and self-determination of the survivor in a way that does not compromise our political commitments.

An example of this might be that the (adult or child) survivor does not want to address child sexual abuse and would rather 'move on.' On the other hand, the community may feel it is critical to confront the offending behavior in the interests of the safety of other children and the community. Thus, supporting the survivor’s safety and their self-determination while moving toward broader transformation and collective self-determination might mean that the survivor is not involved in the intervention themselves. It could mean that they remain informed about the intervention but not involved. Either way, Transformative Justice requires that the survivor’s interests are central an intervention and prevention plan; however, in the aforementioned case, intervention is happening on behalf of the survivor but in the interest of the Collective.

Child sexual abuse is an attack not only on its survivors but on our collective safety, values, politics, and commitments. Therefore, we collectively have a vital stake in intervention. Collective responses support broader shifts in power toward equity within intimate and community relationships and networks. The voices, experiences, and leadership of all those who share this vision are required if we are going to shift power and transform our relationships, families, and communities as we address and prevent the violence in our lives.
Safety

We understand safety as liberation from violence, exploitation, and the threat of further acts of violence. The safety that we seek manifests on three intersecting and mutually reinforcing levels. On an individual level, a survivors' safety from immediate violence and the threat of further acts of violence (sexual, economic, etc.) is central. For the community, safety comes from fostering community norms and practices which challenge violence and support conditions for liberation. Lastly, across communities and collectives, safety means mutual accountability, challenging power dynamics within and between groups, guarding against backlash, and building strong alliances so that we can collectively support and protect each other from interference and targeting by the State.

We recognize that absolute safety is not something that we can guarantee people. Resistance to abuses of power and exploitation—in both individual and collective manifestations—will inevitably require some risk to our safety. However, taking these risks is essential to transforming our lives, relationships, communities, and movements. Risks are also an act of courage and self-determination when taken on with full consciousness of both the consequences and the potential for liberation. We realize safety is relative. Engaging in Transformative Justice means that individuals and collectives may risk the short-term safety that accompanies not challenging or colluding with violence.

But, in the long run, we believe taking these risks will lead us closer to long-term liberation from abuses of power, exploitation, and oppression. However, the decision to take these risks can only be made by those individuals and communities most likely to suffer the consequences of inaction—not by those less impacted. We are committed to developing new practices that we believe will bring about safety and justice. We must consciously and consensually take on this experimentation. As we engage in Transformative Justice-based models of resistance and intervention, we will gain experience, evaluate, and revise our practice. We do so in the service of our vision and in the struggle for liberation.

Accountability

Accountability is not only a critical mechanism of justice; it is a powerful tool of transformation. We hold ourselves individually and collectively accountable for transforming oppressive and abusive dynamics that prevent us from being in integrity with and realizing our visions of justice. People that commit violence are not born that way; they are created by their histories and given permission by the inequitable practices and arrangements of power within the society in which we live. Accountability in relationships means we are willing to interrupt problematic behaviors or dynamics and then support a process for transforming those behaviors.

Accountability at a minimum requires:

- Making appropriate reparations for this harm to individuals and the community;
- Transforming attitudes and behaviors to prevent further violence and contribute toward liberation;
- Engaging bystanders to hold individuals accountable, and toward shifting community institutions and conditions that perpetuate and allow violence; and
- Building movements that can shift social conditions to prevent further harm and promote liberation, including holding the State accountable for the violence it perpetrates and condones.

Transformative Justice interventions seek concrete accountability from individuals who are violent. Simultaneously, they engage bystanders and build community responsibility for creating conditions that provide opportunities for accountability and change. Transformative Justice interventions seek accountability from bystanders for their collusion with violence while having compassion for their own histories and relationships of dependency, fear or love of the people they allowed to sexually abuse children that they know. The goal of this process is moving a non-protective bystander toward taking action to stop violence, creating accountability, and engaging in the transformation of abusive power dynamics.

Transformative Justice needs mechanisms of leverage and influence in order to ensure short and long-term accountability. These mechanisms may include: community relationships and identity, sanctions, monitoring agreements, consequences for non-compliance with agreements, etc. Different contexts will call for different methods and mechanisms. Different levels of concern about the behavior, likelihood of re-offending, ability to mobilize support for abusive behavior, and commitment to transformation will call for different accountability methods and mechanisms. Mechanisms have to evolve as the process and demonstration of accountability by the person who was abusive shifts. Ensuring immediate safety and long-term accountability may at times require self-defense by individuals or communities. This could take the form of force or removal, which we see as distinct from violence or oppression.

Building Collective Action

One of the central aspects of child sexual abuse, perhaps more than any other form of violence, is the isolation the abuse occurs within and creates. Thus, a key principle of a Transformative Justice approach must be to break this isolation and build collective action to secure individual justice in cases of child sexual abuse while transforming structures of social injustice that perpetuate such abuse.

This principle invites people to build with others when taking responsibility and action to address child sexual abuse. However formally or informally such collective action is constituted, it is important to remember that a Collective does not have to be a geographic entity, but rather shares a set of practices, values, beliefs, culture, politics, experiences, history, geography or relationships through which “belonging” to the group is established.
Transformative Justice breaks the isolation of individuals, which is created by violence, and which promotes further violence. Transformative Justice moves toward collective responsibility and action to challenge oppressive relations of power and to create community spaces that support liberation while building the capacity and self-determination of individuals to fully participate in collective liberation.

Building collective action, the results of collaborative alliances and movements, can also protect us from backlash. An individual or small collective of people implementing intervention or prevention without broader support can be vulnerable to being targeted by the same powers used to perpetrate or collide with abuse. Even in the absence of such targeting, an isolated collective is unlikely to be able to sustain the emotional and political pressures of engaging in Transformative Justice work over time.

By building collective action, we demonstrate our commitment to challenging the targeting of other communities. We build powerful movements that will ultimately be capable of challenging the violence and abuse of the State.

Honoring the Diversity of Our Communities, Cultures, Histories and Experiences

Transformative Justice approaches should respond to the historic, cultural, geographic, or population specific experiences and needs of the community in which they are implemented. We are committed to creating cross-community or cross-national Transformative Justice standards and mechanisms for support and accountability that continue to be responsive to local, evolving needs. An example of a standard might be that those working within a Transformative Justice framework never leverage racism, sexism, homophobia, ableism, or classism to mobilize a community to hold someone who sexually abuses children accountable.

Our commitment to collective self-determination toward liberation requires that we support those in closest relationship with the community providing leadership toward addressing violence. Such leadership is in the best position to assess the consequences and potential of any intervention and prevention work. This leadership will also be able to better mobilize intimate and community networks toward taking the consentual and necessary risks to implement Transformative Justice. Although effective Transformative Justice approaches will challenge cultural norms that support abuse, shifting cultural norms does not mean rejecting cultures wholesale, or labeling some cultures more “civilized,” moral, or salvageable than others. We honor the role of culture in supporting and transmitting legacies of resilience and resistance. We believe that cultural traditions can be shifted by those within the culture and reoriented toward the liberation of those who share and practice it.

Cultural relativism can be a setback and a dangerous argument. Cultural relativism manipulates the value of cultural diversity and integrity for the sake of preserving traditional arrangements of power that are harmful. Cultural relativism assumes that culture is static and that there is danger, rather than liberation, in the shifting of traditions. It assumes that harmful practices were inherent to the culture rather than imported or a reflection of abusive relationships of power. People with different agendas can use relativist arguments to justify and minimize violence, harm caused, intent, and willfulness of actions. Those in the best position to challenge cultural relativism are those who are part of the culture in which the practices or behavior take place. Attempts to challenge cultural practices by people outside of the community or culture can result in defensiveness. This can make it more difficult for those inside of the community who want to challenge harmful practices, as their activism is likely to be interpreted as betraying, rather than improving, the community.

As we develop collective, community-based processes of Transformative Justice, we are committed to maintaining their flexibility and responsiveness in order to prevent community definitions and processes from becoming rigid, administrative bodies akin to those of the State.

Sustainability

We have a responsibility to create intervention and prevention strategies that are sustainable over time and throughout the transformation process. Generation FIVE, or any group supporting Transformative Justice-based interventions, must be conscious and transparent about the support we offer and the limitations of what we can provide at any given stage in an intervention. We must also recognize the long-term challenges of building Transformative Justice approaches, processes, and alternative institutions. Like any organizing project, we seek to build the internal capacity of intimate and community networks and collectives toward this sustainability.

Transformative Justice models need to plan for the sustainability of their responses. They must be able to support survivor safety and healing, maintain ongoing accountability and transformation for people who abuse, build bystander and community accountability, and redefine community and social norms. Various resources—financial, emotional, political, and material—will be necessary to sustain Transformative Justice responses and organizing.

This might include such things as:
- Strategic relationships
- Methods of individual and collective healing
- Mechanisms of accountability, organizational and community infrastructure to support collective action
- Opportunities for individual and collective consciousness-raising or political education
- Strong internal commitments to the collective and the larger process

Different communities have different relationships to State resources, institutions, violence, and support. Their access to alternative options than the State may vary. For example, families with more resources can afford therapy to address sexual abuse rather than engaging with the State. People without any community support to challenge their experiences of violence may see the State as their only resource. In the face of the devastation and urgency caused by violence in our lives, it can be difficult to do the work in ways that are sustainable. However, we believe the work itself can sustain us if we build support through collective action—with the vision of immediate safety and transformation over time.